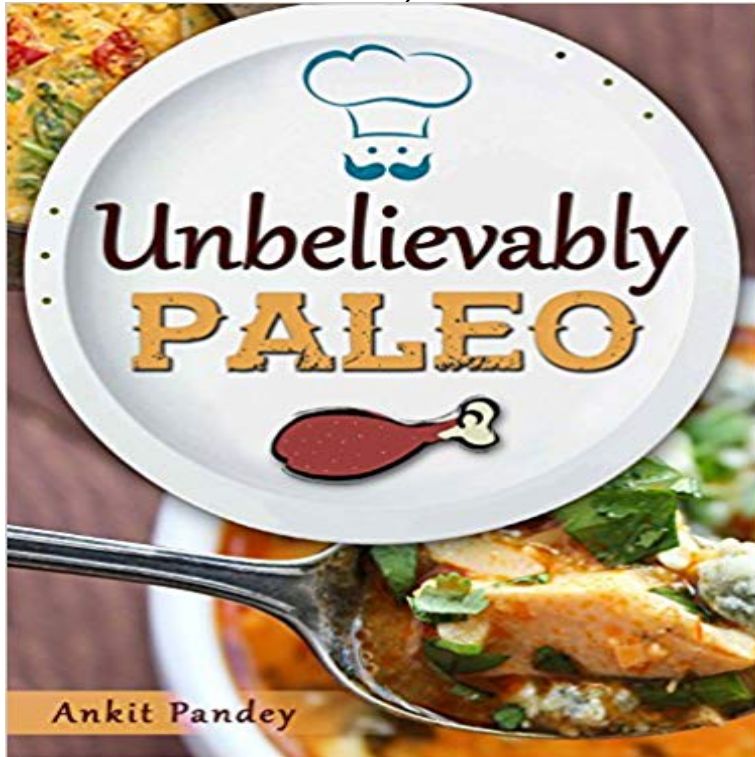


Unbelievably Paleo: 50 Unique Paleo Recipes You'll Love! (Unravelling Paleo Series Book 2)



From the Author of Amazon #1 Bestseller Unravelling Paleo.. 50 Paleo Breakfast, Lunch, Dinner, Snacks and Smoothie Recipes you'll absolutely love! I've been cooking since I bought this one! A gem of a cookbook..- P. Larson (On facebook) Wow, wow, just wow! Is this all Paleo? Simply unbelievable!.. - Katy G (On facebook) The Paleo way of eating has changed our eating habits more than anything else in the recent years. It aims to mimic the food that our ancestors ate and in return provides a host of benefits ranging from fighting Diabetes and curing Autoimmunity to avoiding Acne! Hand-picked with great care, these 50 unique Paleo recipes range from the yummy, Paleo Cumin Turkey Burgers and super-healthy Tropical Green Smoothies to the mouth watering Italian Dish Ossobuco. These recipes are so sinfully yummy, nobody will believe they're Paleo! From a Paleo Mushroom Pizza to quench your fast-food desires, to Lemon Sea Bass en Papillote to add an exotic touch to your meals, there is a reason you'll fall in love with every single one of these recipes! This cookbook aims to add a selection of fresh Paleo recipes to your Paleo Diet regime. It is a great place to start off with the Paleo way of life and it can also make a great addition to your already-Paleo menu! Here is a quick peek into the treasures inside: Coriander Zucchini Casserole Banana Walnut Pancakes Swiss Chard and Cashew Sauté Warm Roasted Squash Salad Grilled Chicken Kebabs Chicken Meatballs with Tomato Sauce Spicy Beef Chili Red Wine Beef Stock Chocolate Stuffed Dates Almond and Cherry Chocolate Bark Coconut and Coffee Smoothie Strawberry Chocolate Smoothie..and many more unbelievably YUMMY recipes inside! Here is what some early readers had to say: Going Paleo? It doesn't get better than this!.. - Sawan K. (On twitter) There are hundreds of options but only a couple of

no-brainers, this cookbook is one of them.. worth every cent.- Kurt S. (On twitter) GRAB it NOW at its Lowest Price Ever! (Regular Price: \$6.95) What are YOU waiting FOR!? Hit BUY NOW!

Et les renforts arrivent encore Bon ça sera la dernière revue de troupes de la semaine. Donc on arrive à 300 figurines il en reste donc 420... mais ça va ça avance bien. Je m'amuserais surtout sur les petites pièces. Là c'est du monobloc donc même si la ligne de moulage est visible -donc il faut barber presque tout le tour de la figurine... oui oui.- Comme à chaque début de défi, je suis dans les temps, limite mieux qu'espérer. Mais par expérience je sais que c'est le creux du défi qui m'est fatal donc on verra quand j'aurais tout barbé :) Publié par CdtK à 17:37 4 commentaires: Liens vers cet article Envoyer par e-mail BlogThis! Partager sur Twitter Partager sur Facebook Partager sur Pinterest Libellés : Blabla lundi 1 août 2016 Revue des troupes Bon juste une petite photo pour montrer que je passe à l'infanterie. j'adore l'barbage. Oui certains diront que ça fait parti du hobby mais c'est vraiment ce que je teste le plus. Et puis là c'est de l'industriel. Publié par CdtK à 17:06 2 commentaires: Liens vers cet article Envoyer par e-mail BlogThis! Partager sur Twitter Partager sur Facebook Partager sur Pinterest Libellés : Blabla vendredi 22 juillet 2016 Pour une poignée de trous en plus Voilà les plaquettes de 6cm ont été percées... 1200 trous... oui oui. 1200 trous dans du plexi -vous savez le truc qui se colle une fois sur deux sur la machine. Mais voilà pour les 6cm c'est fini et je verrais pour les 8cm de front plus tard -je dirais fin août-. Mais à quoi ça correspond? Donc dire des trous c'est bien mais ça renseigne pas beaucoup alors 1200 trous c'est : 594 soldats -de léger à lourd- 231 cavaliers et 24 canons avec 4 artilleurs. Oui monsieur. Bon alors je suis désolé de ne pas avoir plus de soldats à pied. C'est pas super grave, je doute que toutes les plaquettes soient un jour sur la même table. Mais bon quand on voit que pour 30€ -3 plaquettes- j'ai pu faire celle là et autant en 8cm, ça va. Il faut voir ce que cela m'aurait coûté dans le commerce. On y rajoute le prix des aimants -15€ les 1000 fdpin- et j'ai quand même un très bon rapport qualité-prix par rapport à ce que je recherchais. Il le reste à barber les trous pour y glisser l'aimant et ça sera parfait je pourrais retourner mes figurines. Publié par CdtK à 09:52 2 commentaires: Liens vers cet article Envoyer par e-mail BlogThis! Partager sur Twitter Partager sur Facebook Partager sur Pinterest Libellés : 28mm, Blabla jeudi 14 juillet 2016 florian.bardi. Thème Voyages. Images de thèmes de Storman. Fourni par Blogger.

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