

## 50 Kick Ass Super Shred Recipes for Rapid Weight Loss!



What if Your Weight-Loss diet tasted even more delicious than your regular diet? What if you could enjoy exotic dishes & even fast food while losing weight!?! What if your Super Shred Diets dishes were so yummy that it would make you want to start losing weight!?! Believe it or not, >>>This is finally True! Discover 50 Kick Ass Recipes that will not only help you lose weight rapidly but are so yummy that they can give the best restaurants in the world a run for their money! ..these Super Shred recipes are plain and simple nirvana for your taste buds! - Pamela S. (On Facebook) The yummiest way to shrink your waistline..I am in love with these recipes.. - Juno (On twitter) You can Now enjoy exotic dishes and even pizza in your diet and lose weight with Super Shred at the same time! Click on the book cover and Look Inside to check out the complete list of recipes! The book is on FIRE.. the recipes are going viral! Are you IN on them YET? They are so yummy that you will never give up on your weight loss diet again! So What are you waiting for!?! Special Launch Price: \$2.99 for limited time only! (Regular Price: \$8.95) HIT BUY NOW!

Et les renforts arrivent encore Bon Åsa sera la derniÃ¨re revue de troupes de la semaine. Donc on arrive Å 300 figurines il en reste donc 420... mais Åsa va Åsa avance bien. Je m'amuserais surtout sur les petites piÃ¨ces. LÃ c'est du monobloc donc mÃame si la ligne de moulage est visible -donc il faut Åbarber presque tout le tour de la figurine... oui oui.- Comme Å chaque dÃbut de dÃfi, je suis dans les temps, limite mieux qu'espÃrer. Mais par expÃrience je sais que c'est le creux du dÃfi qui m'est fatal donc on verra quand j'aurais tout ÅbarbÃ :) PubliÃ© par CdtK Å 17:37 4 commentaires: Liens vers cet article Envoyer par e-mail BlogThis! Partager sur Twitter Partager sur Facebook Partager sur Pinterest LibellÃs : Blabla lundi 1 aoÃt 2016 Revue des troupes Bon juste une petite photo pour montrer que je passe Å l'infanterie. j'adore l'Åbarbage. Oui certains diront que Åsa fait parti du hobby mais c'est vraiment ce que je dÃteste le plus. Et puis lÃ c'est de l'industriel. PubliÃ© par CdtK Å 17:06 2 commentaires: Liens vers cet article Envoyer par e-mail BlogThis! Partager sur Twitter Partager sur Facebook Partager sur Pinterest LibellÃs : Blabla vendredi 22 juillet 2016 Pour une poignÃe de trous en plus VoilÃ les plaquettes de 6cm ont ÅtÃ percÃ... 1200 trous... oui oui. 1200 trous dans du plexi -vous savez le truc qui se colle une fois sur deux sur la mÃche. Mais voilÃ pour les 6cm c'est fini et je verrais pour les 8cm de front plus tard -je dirais fin aoÃt-. Mais Å quoi Åsa correspond? Donc dire des trous c'est bien mais Åsa renseigne pas beaucoup alors 1200 trous c'est : 594 soldats -de lÃger Å lourd- 231 cavaliers et 24 canons avec 4 artilleurs. Oui monsieur. Bon alors je suis dÃÅsu de ne pas avoir plus de soldats Å pied. C'est pas super grave, je doute que toutes les plaquettes soient un jour sur la mÃame table. Mais bon quand on voit que pour 30e -3 plaquettes- j'ai pu faire celle lÃ et autant en 8cm, Åsa

va. Il faut voir ce que cela m'aurait couté dans le commerce. On y rajoute le prix des aimants -15€ les 1000 fdpin- et j'ai quand même un très bon rapport qualité-prix par rapport à ce que je recherchais. Il le reste à barber les trous pour y glisser l'aimant et ça sera parfait je pourrais retourner mes figurines. Publié par CdtK à 09:52 2 commentaires: Liens vers cet article Envoyer par e-mail BlogThis! Partager sur Twitter Partager sur Facebook Partager sur Pinterest Libellés : 28mm, Blabla jeudi 14 juillet 2016 florian.bardi. Thème Voyages. Images de thèmes de Storman. Fourni par Blogger.

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